

***10th Annual***

***Mind Matters***

***Health Fair***

**May 7, 2018 - 10:00AM-2:00PM**

***Fayette County Extension Office***

***1140 Harry Sykes Way, Lexington, KY 40504***

**10:35—“Aging, the Immune System & the Brain” - Suzanne Segerstrom, PhD, MPH**



**12:15—“Laugh & Let Live: The Role of Humor in Mental Health”  
Michael Nichols, PhD**

**1:15—“Living Well Tomorrow: What You Can Do Today?” - Gregory Jicha, MD, PhD**



**This is a FREE event with lunch provided.**

**No registration needed.**

**For more information, contact the Sanders-Brown Center on Aging at 859-323-5550**